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- Ph.D. Texas A&M University, Sociology
- Research Focus: Delinquency, At-Risk Youth, Family and Life Course, Psychosocial Stress
- *Publications:*
 - **Liu, Ruth X.** 2025. "Life events, parenting, and delinquency: Assessing the interactive effects and gender differences among Chinese adolescents." *International Criminal Justice Review* (online first).
<https://doi.org/10.1177/10575677251329925>.
 - **Liu, Ruth X.** 2022. "The relative effects of physical and verbal discipline and gender variations on adolescents' bonds to parents: A case of urban China." *Journal of Family Studies* 28(2): 529-550.
 - **Liu, Ruth X.** and Zeng-yin Chen. 2021. "Negative school experiences in early adolescence on depressive affect in middle adulthood." *Advances in Life Course Research* 48 (June). Article 100398.
 - **Liu, Ruth X.** 2021. "Relational strains and delinquency: Assessing the gendering of emotions' claims among Chinese adolescents." *Sociological Inquiry* 91(1): 30-59.
 - **Liu, Ruth X.** 2019. "Harsh parental discipline and delinquency in mainland China: The conditional influences of gender and bonding to paternal grandparents." *Sociological Focus* 52 (4): 274-291.
 - **Liu, Ruth X.** 2018. "Physical discipline and verbal punishment: An assessment of domain and gender-specific effects on delinquency among Chinese adolescents." *Youth & Society* 50 (7): 871-890.
 - **Liu, Ruth X.** 2018. "Gender typing and singleton status: A study of house chore performance among teens in urban China." *Proceedings of Asia-Pacific Conference on Social Sciences and Management* (pp. 56-58). Higher Education Forum (ISBN 978-986-5654-12-2).
 - **Liu, Ruth X.** 2016. "Life events and delinquency: An assessment of event-based stressors and gender differences among adolescents in mainland China." *Sociological Inquiry* 86 (3): 400-426.
 - **Liu, Ruth X.** 2016. "School bonding, peer associations, and self-views: The influences of gender and grandparent attachment on adolescents in mainland China." *Youth & Society* 48 (4): 451-469.
 - **Liu, Ruth X.** and Zeng-yin Chen. 2016. "Gender differences in grandparent attachment among Chinese students." *International Journal of School Health* 3(2): e32195. DOI: 10.17795/intjsh.32195.

- **Liu, Ruth X.** 2015. "The effects of gender and bonds with parents and grandparents on delinquency among Chinese adolescents." *Sociological Focus* 48 (1): 68–87.
- **Liu, Ruth X.** 2014. "Book review: Aggressive driving: Insights derived from psychology's general aggression model, criminal justice recent scholarship." *International Criminal Justice Review* 24: 415–416.
- Chen, Zeng-yin and **Ruth X. Liu.** 2014. "Comparing adolescent only children with those who have siblings on academic related outcomes and psycho-social adjustment." *Child Development Research*, Vol., 2014 [dx.doi.org/10.1155/2014/578289].
- **Liu, Ruth X.** 2012. "The effects of strain and centrality of strain on delinquency among Chinese adolescents." *Sociological Inquiry* 82 (4): 578–600.
- Chen, Zeng-yin, **Ruth X. Liu** and Howard B. Kaplan. 2012. "Early depressogenic effects of receiving negative parenting on adult affective disturbance." *Advances in Life Course Research* 17 (4): 210–219.
- **Liu, Ruth X.** and Zeng-yin Chen. 2012. "Adverse school experiences and psychological distress: The moderating effects of gender and perceived parental support." Pp. 1–26 in *Psychological Distress: Symptoms, Causes, and Coping*, edited by Hauppauge, NY: Nova Science Publishers.
- **Liu, Ruth X.** 2011. "Strain as a moderator of the relationship between parental attachment and delinquent participation: A China study." *International Criminal Justice Review* 21 (4): 427–442.
- **Liu, Ruth X.** and Wei Lin. 2011. "Attachment to grandparents: Impact on psychological and behavioral adjustments of Chinese adolescents." Pp. 72-75 in *Proceeding on Psychology and Social Harmony*. Scientific Research Publishing.
- **Liu, Ruth X.**, Wei Lin, and Zeng-yin Chen. 2010. "The effect of parental responsiveness on differences in psychological distress and delinquency between singleton and non-singleton Chinese adolescents." *Journal of Child and Family Studies* 19 (5): 547–558.
- **Liu, Ruth X.**, Wei Lin, and Zeng-yin Chen. 2010. "School performance, peer association, psychological and behavioral adjustments: A comparison between Chinese adolescents with and without siblings." *Journal of Adolescence* 33 (3): 411–417.
- Chen, Zeng-yin, **Ruth X. Liu**, and Howard B. Kaplan. 2008. "Mediating mechanisms for the intergenerational transmission of constructive parenting: A prospective longitudinal study." *Journal of Family Issues* 29: 1574–1599.
- **Liu, Ruth X.** and Wei Lin. 2007. "Delinquency among Chinese adolescents: Modeling sources of frustration and gender differences." *Deviant Behavior* 28 (5): 409–432.
- Chen, Zeng-yin, Sanford Dornbush, and **Ruth X. Liu.** 2007. "Direct and indirect pathways between parental constructive behavior and adolescent affiliation with achievement-oriented peers." *Journal of Child and Family Studies* 16 (6): 837–858.
- **Liu, Ruth X.** 2006. "Vulnerability to friends' suicide influence: The moderating effects of gender and adolescent depression." *Journal of Youth and Adolescence* 35 (3): 454–464.

- **Liu, Ruth X.** and Zeng-yin Chen. 2006. "The effects of marital conflict and marital disruption on depressive affect: A comparison between women in and out of poverty." *Social Science Quarterly* 87 (2): 250–271.
- **Liu, Ruth X.** 2006. "A review of *Families, Delinquency, and Crime: Linking Society's Most Basic Institution to Antisocial Behavior*," by R. L. Simons, L.G. Simons and L. E. Wallace. Los Angeles: Roxbury, 2004. *Contemporary Sociology: A Journal of Reviews* 35(1): 73–74.
- **Liu, Ruth X.** 2005. "Parent-youth closeness and youth's suicidal ideation: The moderating effects of gender, stages of adolescence, and race/ethnicity." *Youth & Society* 37 (2): 145–175.
- Kaplan, Diane S., **Ruth X. Liu**, and Howard B. Kaplan. 2005. "School related stress in early adolescence and academic performance three years later: The conditional influence of self-expectations." *Social Psychology of Education* 8 (1): 3–17.
- **Liu, Ruth X.** 2004. "The conditional influences of gender and delinquency on the relationship between emotional distress and suicidal ideation or attempt among youth." *Journal of Adolescent Research* 19 (6): 698–715.
- **Liu, Ruth X.** 2004. "Parent-youth conflict and school delinquency/cigarette use: The moderating effects of gender and associations with achievement-oriented peers." *Sociological Inquiry*, 74 (2): 271–297.
- **Liu, Ruth X.** and Howard B. Kaplan. 2004. "Role stress and aggression among young adults: The moderating influences of gender and adolescent aggression." *Social Psychology Quarterly* 67 (1): 88–102.
- Kaplan, Diane S., **Ruth X. Liu**, and Howard B. Kaplan. 2004. "Explaining intergenerational parallelism in adverse school experiences: Mediating influence of young and middle adulthood experiences." *Journal of Experimental Education* 72 (2): 117–159.
- **Liu, Ruth X.** 2003. "The moderating effects of internal and perceived external sanction threats on the relationship between deviant peer associations and criminal offending." *Western Criminology Review* 4 (3): 191–202.
- **Liu, Xiaoru** and Howard B. Kaplan. 2001. "Role strain and illicit drug use: The moderating influence of commitment to conventional values." *Journal of Drug Issues* 31 (4): 833–856.
- Kaplan, Howard B. and **Xiaoru Liu**. 2001. "Adolescent self-rejection and adult social action: A conditional relationship." *Social Science Quarterly* 84 (4): 701–715.
- Kaplan, Diane S., **Xiaoru Liu** and Howard B. Kaplan. 2001. "Influence of parents' self-feelings and expectations on children's academic performance." *Journal of Educational Research* 94 (6): 360–370.
- **Liu, Xiaoru.** 2000. "The conditional effect of peer groups on the relationship between parental labeling and youth delinquency." *Sociological Perspectives* 43 (3): 499–514.
- Stiles, Beverly L., **Xiaoru Liu**, and Howard B. Kaplan. 2000. "Relative deprivation and deviant adaptations: The mediating effect of self-feelings." *Journal of Research in Crime and Delinquency* 37 (1): 64–90.

- Kaplan, Diane S., **Xiaoru Liu**, and Howard B. Kaplan. 2000. "Family structure and parental involvement in the intergenerational parallelism of school adversity." *Journal of Educational Research* 93 (4): 235–244.
- Kaplan, Howard B. and **Xiaoru Liu**. 2000. "Social protest and self-enhancement: A conditional relationship." *Sociological Forum* 15 (4): 595–616.
- Kaplan, Howard B. and **Xiaoru Liu**. 2000. "Social movements as collective coping with spoiled personal identities: Intimations from a panel study of changes in the life course between adolescence and adulthood." Pp. 215–38 in *Self, Identity, and Social Movements* edited by S. Stryker, T. J. Owens, and R.W. White. Minneapolis, Minnesota: University of Minnesota Press.
- **Liu, Xiaoru** and Howard B. Kaplan. 1999. "Explaining the gender difference in adolescent delinquent behavior: A longitudinal test of mediating mechanisms." *Criminology* 37 (1): 195–216.
- **Liu, Xiaoru** and Howard B. Kaplan. 1999. "Explaining gender differences in symptoms of subjective distress in young adolescents." *Stress Medicine* 15 (1): 41–51.
- Kaplan, Howard B. and **Xiaoru Liu**. 1999. "Explaining transgenerational continuity in antisocial behavior during early adolescence." Pp. 163–91 in *Historical and Geographical Aspects of Psychopathology*, edited by P. Cohen, C. Slomkowski, and L. Robins. Mahwah, NJ: Lawrence Erlbaum and Associates.
- Kaplan, Diane S., **Xiaoru Liu**, and Howard B. Kaplan. 1997. "A longitudinal study of the relationship between adolescent academic achievement and adult community participation." *Applied Behavioral Science Review* 5 (2): 185–198.
- **Liu, Xiaoru** and Howard B. Kaplan. 1996. "Reexamining gender differences in circumstances surrounding initiation and escalation of binge drinking." *International Journal of Sociology and Social Policy* 16: 26–51.
- **Liu, Xiaoru** and Howard B. Kaplan. 1996. "Gender-related differences in circumstances surrounding initiation and escalation of alcohol and other substance use/abuse." *Deviant Behavior* 17: 71–106.
- Kaplan, Diane S., **Xiaoru Liu**, and Howard B. Kaplan. 1995. "Explaining dropout behavior: A Longitudinal study of direct and indirect psychosocial effects of seventh and eighth grade experiences." *Educational Research and Evaluation* 1: 205–225.
- **Liu, Xiaoru** and Howard B. Kaplan. 1994. "A longitudinal study of reciprocal relationships between psychological dysfunction and role satisfaction among married and single adults." *Stress Medicine* 10: 211–222.
- **Liu, Xiaoru** and Howard B. Kaplan. 1994. "Marital dissatisfaction, psychological vulnerability and subsequent marital disruption." *Applied Behavioral Science Review* 2: 157–170.
- Kaplan, Howard B. and **Xiaoru Liu**. 1994. "A longitudinal analysis of mediating variables in the drug-use - dropping out relationship." *Criminology* 32: 415–439.
- **Liu, Xiaoru**, Howard B. Kaplan, and Will Risser. 1992. "Decomposing the reciprocal relationships between academic achievement and general self-esteem." *Youth & Society* 24: 123–148.

- *Select Awards, Grants, & Recognitions:*
 - FLEX-CDI Summer Session, summer 2021
 - FLEX-CDI Winter Session, spring 2021
 - Sabbatical Award, spring 2019
 - BOLT (Blended and Online Learning and Teaching) Program, 2015
 - Course Design Institute Fellowship, 2014
 - Outstanding Faculty Award (chosen by N. Sherman - Sociology and College of Arts and Letters Outstanding Graduating Senior), 2012
 - Critical Thinking Grant, College of Arts and Letters, SDSU, 2011-2012
 - Sabbatical Award, SDSU, 2011
 - Sabbatical Award, SDSU, 2004
 - Research, Scholarship, and Creative Activity Award (RSCA), CAL, 2004
 - Consultant. Drug Abuse and Other Deviant Adaptations: Two Generations. National Institute on Drug Abuse, 2003 - 2008
 - Research, Scholarship, and Creative Activity Award, CAL, 2001
 - Faculty Development Award, Faculty Affairs, 2001
 - CAL Micro-grant, 2001
 - Research, Scholarship, and Creative Activity Award, CAL, 1999
 - Consultant. Race/Ethnicity in School-Based Mental Health Services. National Institute of Mental Health, 1999 – 2004
 - Research, Scholarship, and Creative Activity Award, CAL, 1998.
 - Consultant. Drug Abuse and Other Deviant Adaptations: A Continuation Study. National Institute on Drug Abuse, 1997 – 2002
 - Co-investigator. Drug Abuse and Other Deviant Adaptations: A 2nd Generation Panel Study. National Institute on Drug Abuse, 1996 – 1999